



**THE MICHAEL PALIN CENTRE FOR STAMMERING CHILDREN,  
13-15 PINE STREET, LONDON, EC1R 0JH.**

**Tel: 0203 316 8100**

Email: [mpc.admin@islingtonpct.nhs.uk](mailto:mpc.admin@islingtonpct.nhs.uk) website: [www.stammeringcentre.org](http://www.stammeringcentre.org)

## **CLINICAL SUPERVISION**

We offer **individual and group** supervision sessions to generalist and specialist therapists working with clients who stammer of all ages, including adults.

Sessions may include discussion of therapy approaches, viewing video material of the therapist's own clinical work and discussion of clinical cases.

For individual supervision the frequency and timing of sessions can be arranged according to your individual needs. Currently supervisees attend at different frequencies from once per month to every three months. Some supervisees take the opportunity to have an hour of private study time at the Centre prior to their supervision session accessing the library resources or watching a DVD/ video of specific therapy approaches.

For group supervision please contact the Centre to find out about availability.

### **Comments from three speech and language therapists about supervision:**

'Going on a course allows you to learn new things however you still go back to those challenging cases and wonder how to move forward! Regular supervision at the MPC allows me to discuss those challenging cases and through reflective practise plan how to take them forward. The supervisor is skilled at enabling me to extend the approaches to use with clients as well as extending my knowledge.'

Helen Waymouth, Folkestone, East Kent.

"I find my supervision sessions immensely helpful. It is useful to have the opportunity to discuss cases with another, more experienced, fluency therapist which I wouldn't be able to do locally. During supervision my supervisor can often guide my thinking towards an alternative clinical approach with any challenging client in a way that a supervisor without fluency experience might find difficult to do. This means I come away from sessions re-energised with renewed enthusiasm for my clinical work, a definite bonus for myself, my patients and my employers!"

Jenny Packer, NHS South East Essex

"I have found the supervision extremely valuable in my working practice. It has been really helpful to discuss the difficult cases and has stopped me feeling 'oh what do I do now?' My supervisor is very supportive and I appreciate the time that she takes to talk over cases and anything else that needs to be discussed at supervision".

Kaz Powell, NHS Barking and Dagenham.

Individual sessions are costed at £65 per hour (charitably subsidised for 2011)

Group sessions are costed at £30 per person for one and a half hours for up to 6 people.