



Practical Help for Stammering Children

**THE MICHAEL PALIN CENTRE FOR STAMMERING CHILDREN,
13-15 PINE STREET, LONDON, EC1R 0JH.
Tel: 0203 316 8100**

Email: mpc.admin@islingtonpct.nhs.uk website: www.stammeringcentre.org

PALIN PARENT-CHILD INTERACTION THERAPY Practical Intervention for Early Childhood Stammering

Course Aims

This three-day workshop will aim to increase speech and language therapists' knowledge and skills in assessing and identifying those children who are at risk of more persistent problems, as well as in the treatment of early stammering. The course will provide a step-by-step programme for the assessment and management of this age group and is potentially applicable for children up to 7 years of age. The workshop will be supported by video demonstrations of therapy at the Michael Palin Centre, skills practice, discussion and problem-solving.

All photocopiable handouts that accompany the teaching are contained in Practical Intervention for Early Childhood Stammering Palin PCI Approach by Elaine Kelman & Alison Nicholas (2008). ISBN: 978-0-86388-667-6 (£41.99) via www.speechmark.net Tel: +44 (0)1908 326944. **Participants need to purchase the manual prior to attending the course at The Michael Palin Centre. For courses held externally it is recommended that participants/clinics purchase copies of the manual prior to the course.**

Learning Outcomes

At the end of this course participants will:

- be familiar with a screening device to decide on care pathways for children who stammer
- be familiar with an assessment protocol for children under seven who stammer
- be familiar with the structure and content of Palin Parent Child Interaction (Palin PCI) therapy
- be more knowledgeable about assessing and treating children under seven who stammer

Course Content

Day 1: Research and assessment

- A Multifactorial Model of Stammering
- Research update – current research into the factors contributing to stammering; risk factors for young children who stammer; interaction styles & stammering.
- A screening device to decide on vulnerability to persistence and appropriate care pathways.
- Child Assessment - including fluency measurement
- Case history taking and formulation about what contributes to the child's stammering and what the individual child needs

Day 2: Parent-Child Interaction Therapy (Palin PCI)

- Principles of Palin PCI
- Palin PCI: Interaction Strategies; using the video in parent-child interaction therapy
- Palin PCI: Family Strategies: building confidence, turn taking, dealing with feelings.
- Skills in working collaboratively with parents including using parent packs
- Efficacy of Palin PCI

Day 3: Palin PCI continued and other clinical issues

- Palin PCI: Child Strategies
- Direct fluency therapy: Tortoise Talking, Bus talking & others
- Speech / language / word finding therapy and stammering.
- Care Pathways – discussion of service delivery for children under seven who stammer
- Action Planning – application to participants' clinical settings