



Practical Help for Stammering Children

**THE MICHAEL PALIN CENTRE FOR STAMMERING CHILDREN,
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**ONE DAY INTRODUCTION TO WORKING WITH
CHILDREN WHO STAMMER (CWS)**

Course Aims

This one day workshop is particularly suited to newly qualified Speech and Language Therapists (SLTs) and SLTs who have an emerging interest in stammering and would like to find out more about current practice and research. Student SLTs may also find the course a useful way of increasing their knowledge.

A range of texts will be available for course participants to look through during break times. The workshop will be supported by video demonstrations of assessment and therapy at the Michael Palin Centre.

Course Content

1. Theoretical Overview

- A multifactorial model
- Risk factors for persistence
- Child, family and therapist: roles and responsibilities

2. Evidence-based practice / Practice-based evidence

- Highlights from the 9th Oxford Dysfluency Conference (September 2011)
- An overview of current research with reference to two Palin Parent-Child Interaction (PCI) papers and two articles about Cognitive Behavioural Therapy (CBT)
- What is the evidence for assessment and therapy?

3. Practical tools

- A screening assessment to decide on vulnerability to persistence for CWS under 7 years old
- An overview of outcome measures, including parent rating scales and scales to evaluate the impact of stammering
- Action planning – with application to participants' clinical settings and practice

Learning Outcomes

At the end of this course participants will:

- be familiar with a screening assessment to guide their decision making on the management of CWS under 7
- have an increased understanding of the theoretical models and frameworks for working with CWS
- have an overview of the current research including highlights from the 9th Oxford Dysfluency Conference
- have access to a range of resources to support CPD

Resources to be supplied in advance via email with powerpoint slides

A copy of the Screening Assessment (taken from Practical Intervention for Early Childhood Stammering Palin PCI Approach by Elaine Kelman & Alison Nicholas (2008)

Biggart, A., Cook, F. & Fry, J. (2006) The role of parents in stuttering treatment from a Cognitive Behavioural Therapy perspective. *Proceedings of the Fifth World Congress on Fluency Disorders, Dublin, Ireland, 25–28th July, 2006*

Fry, J. (2009) Introducing cognitive therapy. *Speaking Out*, Spring Issue, pp 12-13.

Millard, S.K., Edwards, S., & Cook, F. (2009). Parent-child interaction therapy: Adding to the evidence. *International Journal of Speech-Language Pathology*, Volume 11, Issue 1, 2009, Pages 61 – 76

Millard, S.K., Nicholas A., & Cook F.M. (2008). Is parent-child interaction therapy effective in reducing stuttering? *Journal of Speech, Language and Hearing Research*, 51(3), 636-650