



Practical Help for Stammering Children

**THE MICHAEL PALIN CENTRE FOR STAMMERING CHILDREN,  
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## **ONE WEEK INDIVIDUAL TRAINING**

Therapists wishing to observe a range of assessment and therapy sessions can elect to visit the Michael Palin Centre for one week. While there is less opportunity to explore one particular age group or therapy programme in depth, this week gives a good overview of assessment procedures, and allows therapists to observe and discuss a broad range of therapy approaches. During the week there are opportunities for clinical observation, skills practice and reading, and time is allocated each day for clinical discussion.

Trainees can expect to see a range of therapy sessions, with various therapy techniques being used with a range of ages. It may be possible to observe:

- Palin Parent-Child Interaction therapy
- Direct fluency work using an integrated approach (fluency shaping & block modification)
- The Lidcombe Programme
- Family Communication Skills therapy
- Counselling approaches (Cognitive Therapy, Brief Solution Focused Therapy, Personal Construct Psychology). A counselling approach may form the basis of a session or interventions may be integrated with other aspects of therapy for older children, teenagers and adults.

Trainees will have the opportunity to observe at least one initial assessment and have discussion time with staff at the Centre about a range of clinical issues.

Please note that this week is primarily an observation week and that the programme will ultimately depend on the team's bookings for the selected week and client consent to being observed.

The trainee week is suitable for qualified therapists who have already completed at least one MPC workshop and who have an active caseload of children or young people who stammer. Therapists who wish to apply from overseas may do so without having attended a previous workshop. If applying from overseas please confirm that you hold a qualification to practise as a Speech and Language Therapist.