

The Michael Palin Centre for Stammering
13-15 Pine Street London EC1R 0JG
020 3316 8100

Email: mpc.admin@nhs.net
www.stammeringcentre.org
Twitter: @thepalincentre

CLINICAL SUPERVISION

We offer **individual and group** supervision sessions to generalist and specialist therapists working with clients who stammer of all ages, including adults.

Sessions may include discussion of therapy approaches, viewing video material of the therapist's own clinical work and discussion of clinical cases.

For individual supervision the frequency and timing of sessions can be arranged according to your individual needs. Some supervisees take the opportunity to have an hour of private study time at the Centre prior to their supervision session, accessing the library resources or watching a DVD/ video of specific therapy approaches. One-off supervision sessions can also be arranged.

The fee for individual supervision is £100 per hour. Additional study time at the Centre is free of charge. For group supervision please contact the Centre to enquire about availability.

Comments from three speech and language therapists about supervision:

"Going on a course allows you to learn new things however you still go back to those challenging cases and wonder how to move forward! Regular supervision at the MPC allows me to discuss those challenging cases and through reflective practise plan how to take them forward. The supervisor is skilled at enabling me to extend the approaches to use with clients as well as extending my knowledge."

Helen Waymouth, Folkestone, East Kent.

"I find my supervision sessions immensely helpful. It is useful to have the opportunity to discuss cases with another, more experienced, fluency therapist which I wouldn't be able to do locally. During supervision my supervisor can often guide my thinking towards an alternative clinical approach with any challenging client in a way that a supervisor without fluency experience might find difficult to do. This means I come away from sessions re-energised with renewed enthusiasm for my clinical work, a definite bonus for myself, my patients and my employers!"

Jenny Packer, NHS South East Essex

"I have found the supervision extremely valuable in my working practice. It has been really helpful to discuss the difficult cases and has stopped me feeling 'oh what do I do now?' My supervisor is very supportive and I appreciate the time that she takes to talk over cases and anything else that needs to be discussed at supervision".

Kaz Powell, NHS Barking and Dagenham.

Please contact Jane Harley (jane.harley@nhs.net) if you would like to discuss arranging supervision.