

THE MICHAEL PALIN CENTRE FOR STAMMERING CHILDREN
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PALIN PARENT-CHILD INTERACTION THERAPY FOR STUDENT SLTS
Practical Intervention for Early Childhood Stammering

Introduction

Palin Parent Child Interaction therapy is an early intervention approach that was designed for stammering and has been adapted for use with children with other speech and language needs, as well as with children and other adults e.g. education staff/carers. The transferable skills taught in this course include engaging parents in the assessment and therapy process; communicating complex and/or sensitive information to parents; using video feedback to develop parents' confidence and skills; and addressing wider child management issues with parents, e.g. emotional, behavioural issues. These skills are applicable with a wide range of clinical contexts and caseloads.

Course Aims

This three-day workshop aims to increase student speech and language therapists' knowledge and skills in assessing and identifying those children who are at risk of more persistent problems, as well as in the treatment of early stammering. The course will provide a step-by-step programme for the assessment and management of this age group and is potentially applicable for children up to 7 years of age. The workshop will be supported by video demonstrations of therapy at the Michael Palin Centre, skills practice, discussion and problem-solving.

This course is particularly suitable for student SLTs nearing the end of their training. Please note that attendance on these courses does not qualify student attendees to use these approaches until other conditions for professional practice as an SLT are fulfilled. This will be stated in the certificates of attendance.

All photocopiable handouts that accompany the teaching are contained in Practical Intervention for Early Childhood Stammering Palin PCI Approach by Elaine Kelman & Alison Nicholas (2008). ISBN: 978-0-86388-667-6 (£41.99) via www.speechmark.net Tel: +44 (0)1908 326944. **Participants need to purchase the manual prior to attending the course at The Michael Palin Centre.**

Learning Outcomes

At the end of this course participants will:

- be familiar with a screening tool to decide on care pathways for children who stammer;
- be familiar with an assessment protocol for children under seven who stammer;
- be familiar with the structure and content of Palin Parent-Child Interaction (Palin PCI) therapy; and
- be more knowledgeable about assessing and treating children under seven who stammer.

Course Content

Day 1: Research and assessment

- a multifactorial model of stammering;
- research update – current research into the factors contributing to stammering; risk factors for young children who stammer; interaction styles & stammering;
- a screening tool to decide on vulnerability to persistence and appropriate care pathways;
- child assessment – fluency measurement including transcription practice; and
- case history taking and formulation of factors which contribute to the child's stammering and what the individual child needs.

Day 2: Parent-Child Interaction Therapy (Palin PCI)

- principles of Palin PCI;
- Interaction Strategies – using video in therapy;
- Family Strategies e.g. building confidence, turn-taking, dealing with feelings;
- skills in working collaboratively with parents; and
- research evidence for Palin PCI.

Day 3: Palin PCI continued and other clinical issues

- Child Strategies e.g. Tortoise Talking and Bus Talking;
- speech / language / word finding therapy and stammering;
- care pathways – discussion of service delivery and application to participants' clinical settings; and
- individual action planning.

Whittington Health runs the services at the Michael Palin Centre for Stammering Children with the support of Action for Stammering Children