

CAPITAL AWARDS £46,559 TO LOCAL KIDS PROJECT AS PART OF RECORD GIVING YEAR

95.8 Capital FM's charity Help a Capital Child has announced that The Association for Research into Stammering in Childhood will receive a grant of £46,559 to help its work treating children who stammer at The Michael Palin Centre in Islington. The grant is part of a record £1,612,840 that has been awarded to projects across London in the 2010-2011 financial year.

A series of large grants totalling £453,733 have been awarded to nine projects across London to help their work with disadvantaged children. One of the recipients is The Association for Research into Stammering in Childhood which will use its grant to furnish and equip a specialist 'HACC Therapy Room' to provide therapy for children who stammer. The new dedicated therapy suite for children and young people will also allow the centre to extend the reach of its current service by 50%.

Bryan Dutton, Chairman of the Association for Research into Stammering in Childhood said "With the Help a Capital Child grant, for the first time we can fully equip a Group Therapy Suite so that the children have everything they need to work with our specialists to improve their confidence and ability to manage their stammer. Thank you Capital for your generous support - this will help to change many children's lives for the rest of their lives."

Help a Capital Child Managing Director, Dalton Leong, said: "Our Major Grants programme will enable us to make a tangible and lasting difference to the projects we're supporting. I'm delighted that in such difficult financial times, we've been able to help ARSC transform the lives of children and young people who stammer."

In total 431 projects in London, covering such diverse areas as disability, poverty, refuges, counselling to name a few, received funding from Help a Capital Child in 2010-2011, benefitting 84,000 of London's most vulnerable children. Following the creation of the Capital network in January 2011, future funding will also support disadvantaged young people beyond London, and start to reach across Capital's network of stations across the UK.

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Notes to Editors

95-106 Capital FM, the UK's No1 Hit Music station, reaches an audience of over 6.3 million people, broadcasting in major cities across the UK. **Help a Capital Child**, previously known as Help a London Child, was launched in 1975 by Lord Attenborough CBE. In the past thirty-five years, the charity has raised in excess of £25,000,000 and awarded more than 13,000 grants to small groups and charities, working with 1.4 million of London's less advantaged and most vulnerable children and young people.

Help a Capital Child is an appeal run by Global Charities, a registered charity in England and Wales (1091657) and Scotland (SC041475), and relies on fundraising to sustain its work. For further information please visit: www.capitalfm.com/helpacapitalchild

The Association for Research into Stammering in Childhood (ARSC), funds the delivery of specialist services that transform the lives of children and young people who stammer.

ARSC is the Charity behind the Michael Palin Centre for Stammering Children. Based in Islington, this national Centre runs the UK's largest specialist service exclusively dedicated to the diagnosis and treatment of children who stammer.

Stammering is a severe communication disability which impairs social, emotional and educational development. Estimates for children suggest that 1 in 20 children stammer and that it is 3 to 4 times more common in boys than in girls. While stammering is outwardly characterised by repetitions, prolongations and blocking of sounds, these core behaviours can be accompanied by feelings of isolation, frustration, embarrassment, diminished self-worth and poor self-image.

Stammering crosses all races, cultures, religions and social groupings, conceals intellectual ability, affects educational choices and attainment, results in impaired communication skills and frequently becomes a focus for teasing and bullying. In chronic cases, it may play a significant part in a young person's ability to achieve their potential and to make their full contribution to society as an adult.

As well as providing specialist assessments and therapy, the charity also funds training of Speech and Language Therapists and appropriate Research. The training increases the understanding, skills and confidence of generalist Speech and Language Therapists to be able to work with a child who stammers and the Research programme provides evidence of the efficacy of the work done whilst at the same time helps to continue to develop the best possible therapies.

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Status: Registered Charity, Number 801171

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