



Practical Help for Stammering Children

**THE MICHAEL PALIN CENTRE FOR STAMMERING CHILDREN,
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**ONE DAY INTRODUCTION TO WORKING WITH
CHILDREN WHO STAMMER (CWS)**

Course Aims

This one day workshop is particularly suited to newly qualified Speech and Language Therapists (SLTs) and SLTs who have an emerging interest in stammering and would like to find out more about current practice and research. Student SLTs may also find the course a useful way of increasing their knowledge.

A range of texts will be available for course participants to look through during break times. The workshop will be supported by video demonstrations of assessment and therapy at the Michael Palin Centre.

Course Content

1. Theoretical Overview

- A multifactorial model
- Risk factors for persistence
- Child, family and therapist: roles and responsibilities
- A brief overview of therapy approaches used at the Centre

2. Evidence-based practice / Practice-based evidence

- An overview of current research with reference to some of the latest research evidence
- What is the evidence for assessment and therapy for CWS under 7?
- A critical appraisal exercise, using a Palin Parent-Child Interaction paper, with discussion about the application to participants' clinical settings and practice

3. Practical tools

- A screening assessment to decide on vulnerability to persistence for CWS under 7 years old
- An overview of outcome measures, including parent rating scales and scales to evaluate the impact of stammering
- Action planning

Learning Outcomes

At the end of this introductory course participants will:

- be familiar with a screening assessment to guide their clinical decision making on the management of CWS under 7
- have an increased understanding of the theoretical models, frameworks and research underpinning assessment and therapy with CWS
- have access to a range of resources to support CPD

Resources to be supplied in advance via email along with the powerpoint slides

A copy of the Screening Assessment (taken from Practical Intervention for Early Childhood Stammering Palin PCI Approach by Elaine Kelman & Alison Nicholas (2008)

Biggart, A., Cook, F. & Fry, J. (2006) The role of parents in stuttering treatment from a Cognitive Behavioural Therapy perspective. *Proceedings of the Fifth World Congress on Fluency Disorders, Dublin, Ireland, 25-28th July, 2006*

Fry, J. (2009) Introducing cognitive therapy. *Speaking Out*, Spring Issue, pp 12-13.

Millard, S.K., Edwards, S., & Cook, F. (2009). Parent-child interaction therapy: Adding to the evidence. *International Journal of Speech-Language Pathology*, Volume 11, Issue 1, 2009, Pages 61 – 76

Millard, S.K., Nicholas A., & Cook F.M. (2008). Is parent-child interaction therapy effective in reducing stuttering? *Journal of Speech, Language and Hearing Research*, 51(3), 636-650